



MIDDLESEX COUNTY OFFICE OF PUBLIC HEALTH

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FACT SHEET

Get Rid of Mold

After a flood, mold will grow in your house. It can make you sick. You will need to clean your house.

- Take things that were wet for 2 or more days outside.
- Things that stayed wet for 2 days have mold growing on them even if you can't see it.
- Take out stuff made of cloth, unless you can wash them in **hot** water. Also take out stuff that can't be cleaned easily (like leather, paper, wood, and carpet).
- Use bleach to clean mold off hard things (like floors, stoves, sinks, certain toys, countertops, flatware, plates, and tools).

Follow these steps:

- Never mix bleach with ammonia or other cleaners.
- Wear rubber boots, rubber gloves, goggles, and N-95 mask.
- Open windows and doors to get fresh air when you use bleach.
- Mix no more than 1 cup of bleach in 1 gallon of water.
- Wash the item with the bleach and water mixture.
- If the surface of the item is rough, scrub the surface with a stiff brush.
- Rinse the item with clean water.
- Dry the item or leave it out to dry.

Source of information:

Centers for Disease Control and Prevention

<http://www.bt.cdc.gov/disasters/mold/#education>

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