

**M.C.F.O.O.D.S.
MIDDLESEX COUNTY'S EMERGENCY FOOD NETWORK
NEEDS YOUR HELP NOW!!!**



**MIDDLESEX COUNTY'S 60 FOOD PANTRIES AND SOUP
KITCHENS URGENTLY NEED THE FOLLOWING:**

CANNED MEATS AND STEWS

PASTA

CANNED MILK

TUNA FISH

CEREAL

RICE

VEGETABLES

CANNED FRUIT

PEANUT BUTTER

JELLY

SHAMPOO

TOOTHPASTE

DIAPERS AND BABY WIPES

**GROCERY STORE GIFT CERTIFICATES (MAIL TO M.C.F.O.O.D.S., C/O MCIA,
101 INTERCHANGE PLAZA, CRANBURY, NJ 08512)**

**DROP OFF ITEMS AT PUBLIC LIBRARIES IN EDISON, MILLTOWN, MONROE,
NORTH BRUNSWICK, PLAINSBORO, SOUTH BRUNSWICK, WOODBRIDGE,
AND EAST BRUNSWICK.**

**BUSINESSES, CHURCHES, CIVIC GROUPS, SOCIAL GROUPS, SPORTS
GROUPS AND SCOUTS PLEASE GET INVOLVED AND SPONSOR A FOOD
DRIVE, COLLECT GOODS AT MEETINGS, COLLECT FOOD FOR ENTRY AT
EVENTS.**

**CALL JENNIFER APOSTOL AT 609-409-5033 OR E-MAIL:
JA@MCIAUTH.COM FOR MORE INFORMATION.**